



Longmeadow Lancers 2020-21 Roster

#	Name	Pos.	Yr.	Hometown
1	Dmitri Beach	G	So.	Longmeadow
2	Cole Guidrey	F	Sr.	Longmeadow
6	John LaFleur	D	Jr.	
7	Simon Higgins	F	Sr.	
10	Chris Salwen	D	Sr.	Longmeadow
12	Luke McHugh (C)	D	Sr.	
17	Ryan Dzierzowski	F	So.	Longmeadow
21	Ted DeCosmo	D	Sr.	
22	Robby Croteau	D	Sr.	
30	Connor Rintoul	G	Jr.	

Head Coach: Jim Joyce

Assistant Coaches: John Barron, Tim Quirk, Nick Melikian, Pat O'Connor