



Austin Prep Cougars 2019-20 Roster

#	Name	Pos.	Yr.	Hometown
1	Sedona Lawsom	G	So.	
2	Neave Sullivan	F	Fr.	
3	Lauren Barry (A)	D	Sr.	
4	Isabel Hulse	F	So.	
6	Madison Terry	F	So.	
7	Francesca Frelick (C)	D	Sr.	
9	Eryn Taber (A)	D	Sr.	
10	Emma Guthrie	D	So.	
12	Maddie Rinklin (C)	F	Sr.	
13	Felicia Zuccola (A)	F	Sr.	
15	Daisy MacLellan	F	So.	
16	Amelia Oulton	F	Jr.	
17	Gianna DeFilippo	F	So.	
18	Kara Cecchini (A)	F	Sr.	
19	Sabina Axelrod	F	So.	
20	Maeve Carey	D	So.	
21	Emma Spengler	F	So.	
22	Katrina Michalak	D	So.	
23	Elise Lyons	F	Jr.	
24	Monique Lyons	F	Fr.	
25	Allie Martinson	F	Jr.	
30	Cassandra Valentine	G	Jr.	
35	Lauryn Hanafin	G	So.	

Coaches and Captains:

Head Coach: Stephanie Wood

Assistant Coaches: Nikki Petrich

2019-20 Season

Date	Time	H/A	Venue	Opponent	Final Scores
Dec. 14	8:00 PM	Away	Essex Sports Center, Middleton, MA	St. Mary's Lynn	Austin Prep (3) vs St. Mary's Lynn (3)
Dec. 18	7:00 PM	Home	Matthews Arena, Boston, MA	Wellesley	Austin Prep (1) vs Wellesley (0)

Date	Time	H/A	Venue	Opponent	Final Scores
Dec. 21	6:30 PM	Away	Pirelli Veterans Arena, Franklin, MA	Franklin	Austin Prep (3) vs Franklin (3)
Dec. 30	6:20 PM	Away	Essex Sports Center, Middleton, MA	Winchester	Austin Prep (3) vs Winchester (0)
Jan. 4	6:00 PM	Home	Stoneham Arena, Stoneham, MA	Archbishop Williams	Austin Prep (9) vs Archbishop Williams (0)
Jan. 11	3:40 PM	Away	Rockland Arena, Rockland, MA	Notre Dame Academy (Hingham)	Austin Prep (4) vs Notre Dame Academy (Hingham) (0)
Jan. 13	7:00 PM	Away	Pilgrim Arena, Hingham, MA	Hingham	Austin Prep (10) vs Hingham (3)
Jan. 20	2:00 PM	Home	Stoneham Arena, Stoneham, MA	Franklin	Austin Prep (3) vs Franklin (1)
Jan. 22	7:00 PM	Away	Wellesley Sports Center, Wellesley, MA	Wellesley	Austin Prep (1) vs Wellesley (3)
Jan. 25	8:00 PM	Home	Stoneham Arena, Stoneham, MA	Longmeadow	Austin Prep (6) vs Longmeadow (3)
Jan. 29	6:00 PM	Away	Zapustas Arena, Randolph, MA	Braintree	Austin Prep (2) vs Braintree (1)
Feb. 1	8:40 PM	Home	Essex Sports Center, Middleton, MA	St. Joseph Prep/Mount Alvernia	Austin Prep (8) vs St. Joseph Prep/Mount Alvernia (0)
Feb. 2	4:30 PM	Away	Olympia Center, West Springfield, MA	Longmeadow	Austin Prep (4) vs Longmeadow (0)
Feb. 5	6:00 PM	Away	Ed Burns Arena, Arlington, MA	Arlington Catholic	Austin Prep (9) vs Arlington Catholic (1)
Feb. 8	5:30 PM	Away	Canton Sportsplex, Canton, MA	Archbishop Williams	Austin Prep (8) vs Archbishop Williams (0)
Feb. 10	6:10 PM	Away	NorthStar Ice Sports, Westborough, MA	Shrewsbury	Austin Prep (2) vs Shrewsbury (1)
Feb. 12	4:20 PM	Home	Essex Sports Center, Middleton, MA	Matignon	Austin Prep (6) vs Matignon (1)
Feb. 15	4:00 PM	Away	Connery Memorial Arena, Lynn, MA	St. Mary's Lynn	Austin Prep (3) vs St. Mary's Lynn (0)
Feb. 17	3:00 PM	Home	Stoneham Arena, Stoneham, MA	Arlington Catholic	Austin Prep (10) vs Arlington Catholic (2)
Feb. 20	2:30 PM	Away	Warrior Ice Arena, Brighton, MA	St. Joseph Prep/Mount Alvernia	Austin Prep (0) vs St. Joseph Prep/Mount Alvernia (9)
Feb. 26	5:00 PM	Home	Lawler Arena, North Andover, MA	Franklin	Austin Prep (3) vs Franklin (0)
Feb. 29	7:00 PM	Home	Stoneham Arena, Stoneham, MA	Andover	Austin Prep (8) vs Andover (3)
Mar. 7	12:00 PM	Home	O'Brien Arena, Woburn, MA	Belmont/Watertown	Austin Prep (3) vs Belmont/Watertown (0)
Mar. 9	5:30 PM	Home	O'Brien Arena, Woburn, MA	Braintree	Austin Prep (2) vs Braintree (1)
Mar. 15	9:00 AM	Home	TD Garden, Boston, MA	Woburn	

Player Profiles

#1 Sedona Lawsom SO G

Stats:

Season	Mins	SA	GA	Sv%	GAA	SO
2019-20						

#2 Neave Sullivan FR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2019-20						

#3 Lauren Barry (A) SR D**Stats:**

Season	GP	G	A	Pts	PIM	Shots
2019-20						
2018-19						
2017-18						

#6 Madison Terry SO F**Stats:**

Season	GP	G	A	Pts	PIM	Shots
2019-20						

#9 Eryn Taber (A) SR D**Stats:**

Season	GP	G	A	Pts	PIM	Shots
2019-20						
2018-19						
2017-18						
2016-17						

#12 Maddie Rinklin (C) SR F**Stats:**

Season	GP	G	A	Pts	PIM	Shots
2019-20						
2018-19						
2017-18						
2016-17						

#15 Daisy MacLellan SO F**Stats:**

Season	GP	G	A	Pts	PIM	Shots
2019-20						
2018-19						
2017-18						
2016-17						

#17 Gianna DeFilippo SO F**Stats:**

Season	GP	G	A	Pts	PIM	Shots
2019-20						
2018-19						
2017-18						

#19 Sabina Axelrod SO F**Stats:**

Season	GP	G	A	Pts	PIM	Shots
2019-20						
2018-19						

#21 Emma Spengler SO F**Stats:**

Season	GP	G	A	Pts	PIM	Shots
2019-20						

#23 Elise Lyons JR F**Stats:**

Season	GP	G	A	Pts	PIM	Shots
2019-20						

#4 Isabel Hulse SO F**Stats:**

Season	GP	G	A	Pts	PIM	Shots
2019-20						

#7 Francesca Frelick (C) SR D**Stats:**

Season	GP	G	A	Pts	PIM	Shots
2019-20						
2018-19						
2017-18						
2016-17						
2015-16						

#10 Emma Guthrie SO D**Stats:**

Season	GP	G	A	Pts	PIM	Shots
2019-20						
2018-19						
2017-18						
2016-17						
2015-16						

#13 Felicia Zuccola (A) SR F**Stats:**

Season	GP	G	A	Pts	PIM	Shots
2019-20						
2018-19						
2017-18						
2016-17						

#16 Amelia Oulton JR F**Stats:**

Season	GP	G	A	Pts	PIM	Shots
2019-20						
2018-19						
2017-18						
2016-17						
2015-16						
2014-15						

#18 Kara Cecchini (A) SR F**Stats:**

Season	GP	G	A	Pts	PIM	Shots
2019-20						
2018-19						
2017-18						
2016-17						

#20 Maeve Carey SO D**Stats:**

Season	GP	G	A	Pts	PIM	Shots
2019-20						
2018-19						
2017-18						
2016-17						
2015-16						

#22 Katrina Michalak SO D

Season	GP	G	A	Pts	PIM	Shots
2019-20						
2018-19						
2017-18						

#25 Allie Martinson JR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2019-20						
2018-19						

#35 Lauryn Hanafin SO G

Stats:

Season	Mins	SA	GA	Sv%	GAA	SO
2019-20						

Stats:

Season	GP	G	A	Pts	PIM	Shots
2019-20						
2018-19						

#24 Monique Lyons FR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2019-20						
2018-19						
2017-18						

#30 Cassandra Valentine JR G

Stats:

Season	Mins	SA	GA	Sv%	GAA	SO
2019-20						