



Longmeadow Lancers 2019-20 Roster

#	Name	Pos.	Yr.	Hometown
1	Dmitri Beach	G	Fr.	Longmeadow
2	Cole Guidrey	F	Jr.	Longmeadow
4	Mike Carroll	F	Sr.	
6	John LaFleur	D	So.	
7	Simon Higgins	F	Jr.	
8	Mike Bonavita	F	Sr.	Longmeadow
10	Chris Salwen	D	Jr.	Longmeadow
12	Luke McHugh (C)	D	Jr.	
13	Liam Byrne (C)	F	Sr.	
17	Ryan Dzierzowski	F	Fr.	Longmeadow
18	Veep Vemulapalli	F	Sr.	Longmeadow
21	Ted DeCosmo	D	Jr.	
22	Robby Croteau	D	Jr.	
30	Connor Rintoul	G	So.	

Head Coach: Jim Joyce

Assistant Coaches: Pat O'Connor, Nick Melikian, Tim Quirk, John Barron